

## Education and Support Groups: Learning from Others

Ask your doctor about local groups that you and your family can talk with. They are facing these same decisions, and are living with cancer. For support groups, you can also contact USTOO! at 1-800-8-80-USTOO ([www.ustoo.org](http://www.ustoo.org)).

To reach experts for more information you may contact:

- The American Cancer Society 1-800-ACS-2345 ([www.cancer.org](http://www.cancer.org) and enter your zip code).
- AFUD (American Foundation for Urologic Diseases) at 1-800-828-7866 ([www.afud.org](http://www.afud.org)).
- National Cancer Institute's Cancer Information Service at 1-800-4-CANCER ([www.nci.nih.gov](http://www.nci.nih.gov)).

If you call, you don't have to give your name on the phone.